This website is operated by Lifestyle Health and Fit LLC ("LHF"), a Florida-based entity. By visiting this website and / or completing a purchase User agrees to the following legally binding Terms and Conditions. These Terms and Conditions apply to all users, including but not limited to browsers, vendors, customers, merchants, and / or contributors ("User"). If User does not accept the Terms and Conditions, User should close this site immediately and refrain from using LHF's products or services.

LHF reserves the right to update or change the terms of this agreement with no notice. LHF has no obligation to notify User of any changes to Terms and Conditions. It is User's sole responsibility to periodically review Terms and Conditions for changes. Any new products, tools, or features are also subject to the Terms and Conditions.

Products & Services.

By agreeing to these Terms and Conditions, User represents that User is at least the age of majority in its state or province of residence.

User may not use LHF products or services for any illegal or unauthorized purpose, nor may User, in the use of the Service, violate any laws in your jurisdiction (including but not limited to copyright laws).

User understands that no products listed on this site have been evaluated by the Food and Drug Administration. Products are not intended to diagnose, treat, cure, or prevent any disease.

Prices and descriptions for products or services are subject to change without notice

All sales on this site are final. No returns or exchanges are permitted. LHF does not warrant that products or services will meet your expectations or that it will correct any problems.

LHF reserves the right to limit the sales of Products or Services to any person, geographic region or jurisdiction. LHF reserves the right to refuse any order placed on this website, for any reason, including inaccuracies or errors in the product or service listing.

User agrees to provide accurate, current, and complete account information for purchases made through this site.

General Conditions.

LHF may provide links to content, products, or services provided by third parties. LHF is not responsible for contents of third party websites, nor does LHF make any warranties or accept any liability for damages or harm related to the third parties' content, products, or services.

In no case shall LHF or any of its our directors, officers, employees, affiliates, agents, contractors, interns, suppliers, service providers or licensors be liable for any injury, loss, claim, or any direct, incidental, punitive, special, or consequential damages of any kind.

User agrees to indemnify, defend and hold harmless LHF, affiliates, partners, officers, directors, agents, contractors, licensors, service providers, subcontractors, suppliers, interns and employees, harmless from

any claim or demand, including reasonable attorneys' fees, made by any third-party due to or arising out of User's breach of these Terms of Service or the documents they incorporate by reference, or your violation of any law or the rights of a third-party.

User agrees not transmit any worms or viruses or any code of a destructive nature.

LHF reserves the right to monitor, edit, or remove any comments or content we deem unlawful, offensive, threatening, libelous, defamatory, pornographic, obscene or otherwise objectionable or violates any party's intellectual property. User agrees that comments or other content posted on this site by user becomes property of LHF. As such, LHF may use the comments for any lawful purpose, including in promotional materials, without additional permission or compensation.

User's personal information is governed by the Privacy Policy.

The material on this site is provided for general information only and should not be relied upon or used as the sole basis for making decisions without consulting primary, more accurate, more complete or more timely sources of information. Reliance on the material on this site is at User's own risk.

This Agreement will be construed in accordance with and governed by the laws in the State of Florida, United States. Parties agree to resolve any and all disputes arising out of this contract in mediation or arbitration. The party opposing the contract shall pay all expenses.

A waiver of the parties of a breach of any of the provisions herein shall not be deemed a waiver of any subsequent breach nor a modification of this contract.

Headings used in this Agreement are provided for convenience only and shall not be used to construe meaning or intent

Should any provision of this contract be held void or not enforceable, such provisions shall be deemed omitted and this agreement, with such provision omitted, shall remain in full force and effect.

No modification, alteration or amendment or any provisions contained herein shall be valid or binding unless in writing executed by both parties.

Both parties warrant that they are entering into this agreement freely, without coercion and inducement.